

PRESS RELEASE

FOR IMMEDIATE RELEASE

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BMX Racing competition returns to the Ike Hamilton Expo Center

West Monroe, LA— Some of the fastest amateur BMX racers in the country will be at the Ike Hamilton Expo Center for USA BMX's Cajun Nationals competition at the Ike Hamilton Expo Center on Feb 26-28. The full National circuit is made of 29 competitions, and this is its 6th stop.

BMX racing is one of the largest extreme sports in the nation. In this competition, up to eight riders will speed over hills, maneuver around obstacles, and make steep turns on an M-shaped track that is over 1,000-feet long. Each contender hoping to beat everyone else in order to claim a spot on the podium. The average race only lasts 35 seconds, but each one is filled with high-speed racers, close-contact riding, and shocking wipeouts.

There will be over 900 competitors racing throughout the weekend. The ages of the contenders range from 3-75 years old and include girls, boys, men, and women. "The amateurs competing in this event are Olympic hopefuls for 2020, and beyond," said Craig "gOrk" Barette, Chief Communications Officer for The USA BMX.

SCHEDULE: Practice and pre-race take place on Friday, and National caliber action follows on Saturday and Sunday.

FRIDAY: Action begins on Friday with practice throughout the afternoon and a pre-race starting at 5pm.

SATURDAY: Practice continues in the morning and National racing kicks off promptly at 11:30am with Balance bike racing for 2, 3, 4 and 5 year olds.

SUNDAY: Action begins at 8:00am, with the main events starting at approx. 1pm.

All ages are invited to attend, and admission for this event is free.

USA BMX organizes bicycle racing for boys, girls and adults, throughout the United States, Canada, and Puerto Rico. There are over 70,000 active members who compete on a weekly basis at over 350 racing facilities in 48 states. This organization is the largest promoter of action sports in the country.

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